

CLINDALIX 300 CAPSULES

Clindamycin 300 mg

"Deep Tissue Penetration • Strong Gram +ve & Anaerobic Coverage"

Marketed by: Human Orthocare

A Subsidiary of Human Biolife India Pvt. Ltd.

www.humanorthocare.com





Product Overview

Composition (per capsule):

Clindamycin

300 mg

Key Features:

- Broad-spectrum lincosamide antibiotic
- Excellent activity against Gram-positive cocci & anaerobes
- Strong penetration into *bone, joints, abscesses & soft tissues*
- Oral therapy for moderate to severe bacterial infections



Mechanism of Action

01

Ribosomal Binding

Binds to 50S ribosomal subunit of bacteria

02

Protein Inhibition

Inhibits protein synthesis → stops bacterial growth

03

Dual Action

Bacteriostatic at usual doses, bactericidal at high levels

04

Target Spectrum

Effective against *Streptococci*, *Staphylococci* (incl. CA-MRSA), *Anaerobes*



★ Result: Reliable infection control in bone, joint & soft tissue infections

Clinical Indications

💡 Clindalix 300 Capsules are recommended for:



Skin & Soft Tissue

Cellulitis, abscesses, wound infections



Dental Infections

Dental infections & periodontal abscesses



Bone & Joint

Osteomyelitis, septic arthritis



Intra-abdominal

Pelvic infections (with suitable combinations)



Respiratory Tract

Pneumonia, lung abscess, aspiration pneumonia

Clinical Advantages

★ Key Benefits of Clindalix 300:

Broad Coverage

Strong Gram +ve & anaerobic coverage

Superior Absorption

Excellent oral absorption & tissue distribution

Multi-System Efficacy

Effective in bone, dental & respiratory infections

Allergy Alternative

Reliable alternative for penicillin-allergic patients

Convenient Dosing

300 mg strength → twice/thrice daily dosing

Comparison with Other Antibiotics

Parameter	Clindalix 300 (Clindamycin)	Amoxiclav	Cephalosporins
Gram +ve Coverage	✓ Strong	✓ Good	✓ Good
Anaerobic Coverage	✓ Strong	⚠ Limited	⚠ Variable
Bone Penetration	✓ Excellent	⚠ Moderate	⚠ Moderate
MRSA Coverage	✓ Yes (CA-MRSA)	✗ No	✗ No

Dosage & Administration

Dosage Guidelines:



Adults

300 mg orally every 6–8 hours





Severe Infections



Up to 450 mg every 6 hours



Paediatric

Dose adjusted per weight

  **Important:** Take with full glass of water to avoid oesophageal irritation

  **Remember:** Continue full prescribed course to prevent resistance

Safety & Tolerability

Generally Well-Tolerated

Possible side effects:

- Nausea, diarrhoea, abdominal pain
- Rare: pseudomembranous colitis (C. difficile)
- Allergic skin rash (rare)

Contraindications:

Hypersensitivity

To clindamycin/lincomycin

Medical History

History of antibiotic-associated colitis





Why Prescribe Clindalix 300?

 Doctor's Choice For:



Broad Spectrum

Activity against Gram +ve & anaerobes



Deep Penetration

Excellent tissue penetration (bone, abscess, lungs)



Multi-System

Effective for dental, bone & soft tissue infections



Oral Therapy

Reliable oral therapy in moderate to severe infections



Trusted Quality

Backed by trusted quality of Human Orthocare



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Step into care that moves you forward.

Use with clinical discretion, especially in high-risk orthopedic conditions.

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For medical queries or collaboration:



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